



INTERNATIONAL SOCIETY OF AQUATIC MEDICINE

6240 Turtle Hall Drive
Wilmington, NC 28409

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ISAM NEWS
INTERNATIONAL SOCIETY OF AQUATIC MEDICINE

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E-Mail: DivingDocs@aol.com • Web Address: www.DivingDocs.org



Sponsored by UPSTATE MEDICAL UNIVERSITY Office of Continuing Medical Education
and the International Society of Aquatic Medicine (ISAM)



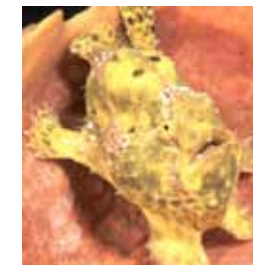
A SYMPOSIUM ON DIVING MEDICINE

The daily lectures will be related to conditions and medications that can increase the risk of decompression illness, screening for substance abuse, drug testing modalities for substance abuse as related to human diseases and diving fitness.

Daily Lectures, 7-10 AM (Sunday - Thursday), 4-7 PM (Friday)

Daily Laboratory Session: 10 AM - 5 PM (Sunday - Friday)

Dominica, West Indies



TARGET AUDIENCE: Physicians, Clinicians, RNs, PAs, and allied health professionals.

LEARNING OBJECTIVES: Following this activity, participants should be able to:

- Identify medical conditions and medications that can increase the risk of decompression illness, oxygen toxicity, and cardiovascular events for divers.
- Perform a substance use screen in the context of daily practice to identify those at risk of misusing controlled substances and create a safer alternative treatment plan.
- Choose appropriate drug testing modalities to assist in the selection and monitoring of patients who may be candidates for long-term use of controlled substances.
- Counsel patients and families on preventative care, adequate insurance and high cost of futile care.

SPEAKER: J. Paul Martin, MD
Chief Medical Officer
Crescent Health Solutions
Asheville, NC

Faculty Disclosure: Drs. Arusell, Thomas, Martin and Mrs. Thomas have no financial relationships with commercial interests.

Planner Disclosure: Drs. Arusell, Thomas and Mrs. Thomas have no financial relationships with commercial interests.

Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of UPSTATE Medical University and ISAM. UPSTATE Medical University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: UPSTATE Medical University designates this live activity for a maximum of 28 **AMA PRA Category 1 Credit(s)**™. Physicians should claim only the credit

commensurate with the extent of their participation in the activity.

Disclosure Policy: To ensure balance, independence, objectivity and scientific rigor in all certified CME activity UPSTATE Medical University requires that all planners, faculty and individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest that might be perceived as a real or apparent conflict of interest. Detailed disclosures will be made in writing prior to speaker presentations.

Americans with Disabilities Act : In accordance with the Americans with Disabilities Act, UPSTATE Medical University seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact Mrs. Thomas at 910-452-1452.

Commercial Support: No commercial support was received for this educational activity.

J. Paul Martin, MD is our featured keynote speaker. Dr. Martin is board certified in Family Medicine and Addiction medicine. Dr. Martin is the Chief Medical Officer of Crescent Health Solutions, the Medical Director of Neil Dobbins Detoxification and Crisis Center, Medical Director of Health Services for the City of Asheville, NC and Chairman of Mission Health System Pharmacy and Therapeutics Committee. He graduated from University of Arizona School of Medicine and is a leading specialist in Addiction Medicine. Dr. Martin is an Associate Clinical Professor with the University of North Carolina at Chapel Hill and is a national speaker on Addiction Medicine. He maintains an active medical practice in Asheville, NC and has been in practice for 34 years. Dr. Martin is current President of the NC Society of Addiction Medicine and Chairman of the Buncombe County Drug Commission. Dr. Martin serves as an advisory physician for Diver's Alert Network and is an avid scuba diver.



**39th Annual
Spring Meeting!**

**FORT YOUNG HOTEL
DIVE DOMINICA
Dominica, West Indies**

Week of May 17-24, 2014

28 Hours Category 1 CME Credits

**23rd Annual
Summer Meeting!**

**SUNBREEZE HOTEL &
HUGH PARKEY'S BELIZE
DIVE CONNECTION
Ambergris Caye, Belize**

Week of July 19-26, 2014

30 Hours Category 2 CME Credits

DOMINICA-FORT YOUNG HOTEL REGISTRATION

Member: _____
 Guest: _____
 Address: _____
 City: _____ State _____ Zip: _____
 Phone: _____ Fax: _____
 T-Shirt Sizes: _____
 I would like Traveler's Choice to make airline reservations for _____ persons
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 Airport Preference: _____
 Please charge my airline ticket to the following credit card:
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 Please call Traveler's Choice for Airline Reservations at (910) 452-1452
 E-Mail: DivingDocs@aol.com
 \$1000 Deposit per person required at this time.
 Traveler's Choice/ISAM • 6240 Turtle Hall Drive • Wilmington, NC 28409

BELIZE-SUNBREEZE HOTEL REGISTRATION

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 I would like Traveler's Choice to make airline reservations for _____ persons
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 Airport Preference: _____
 Please charge my airline ticket to the following credit card:
 Credit Card Name: _____
 Credit Card Number: _____ Exp _____
 Signature: _____
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39th Annual Spring Meeting

**Dominica-Fort Young Hotel- Dive Dominica
May 17-24, 2014**

EARLY REGISTRATION ADVISED



The 2014 Annual Spring Meeting will find us at the Fort Young Hotel in Dominica, West Indies. Nestled between the islands of Guadeloupe to the north and Martinique to the south, lush, mountainous Dominica is one of the last Caribbean Islands to feel the tread to tourists' feet. Fort Young is Dominica's premier hotel. The property is an old fort on the edge of a cliff overlooking the Caribbean Sea that has been transformed into a luxury resort. The grounds are both charming and intimate and knowing that the walls were part of an ancient fort adds intrigue and atmosphere to the hotel. The diving will be conducted by Dive Dominica, the oldest and best developed dive operation in the island. Dive boats have been reserved exclusively for our group.

Both the crystal clear water of the Caribbean Sea on its western shore and the nutrient rich waters of the Atlantic on its eastern side bless Dominica, the water island. These two factors, combined with the dramatic walls that plunge 1,000 feet down, directly off shore makes Dominica the undisputed diving capital of the Eastern Caribbean as well as one of the most unusual and popular dive locations in the world!

Diving Highlights: The lush, beautiful scenery that characterizes the topside of Dominican rain forest continues beneath the waters. You will find dense, pristine coral reefs, among the

(Dominica Continued)

and even two hot springs dives, where you can observe, first hand, Dominica's volcanic origins. On these dives, you actually see thousands of tiny bubbles rising to the surface from subterranean volcanic activity and feel the water temperature increase dramatically. Experts rate Dominica as a "must see" experience for divers of all experience levels.

Costs: Per person/ double occupancy. (No airfare included in this price. All prices subject to change.) Cost are based on payment by check. Use of a credit card add 4%.

Diver	\$2495.00
Non-Diver.....	\$2095.00
Single Supplement.....	\$495.00
Yearly ISAM Dues to be Current	\$100.00

GROUP PACKAGE INCLUDES:

- 7 nights oceanfront accommodations based on double occupancy
- Breakfast, lunch, dinner daily
- 5 days of 3 tank diving
- \$50.00 resort credit per room
- Taxes and service fees
- Gratuities for the dive guides
- One ISAM gift per registrant
- 28 hours of Category 1 CME credits



REQUIRED EQUIPMENT: Certification Cards

CERTIFICATION: At Dive Dominica beginners can earn open water certification.



RESPONSIBILITY: ISAM, Traveler's Choice, Fort Young Hotel and Dive Dominica assume no responsibility or liability as to the safety quality of conditions, nor for the act of any employee or agent of any establishment, firm, person or entity furnishing such services, transportation, equipment, substitution or unperformed services, nor assume any responsibility or liability for the safety of any participating individuals while engaged in underwater activities, All participants will be required to sign an ISAM/Traveler's Choice liability waiver.

If you desire help with your international flights into Dominica please contact ISAM at (910) 452- 1452 for airline reservations. A \$30.00 service fee is charged per ticket.



the entire 25 mile length of the island. This has made San Pedro Town the dive and water sports capital of Belize and Central America.

Ambergris Caye is justly the most popular attraction to the tourists who come to Belize. The factor that most contributes to this is the unbelievably superb diving & snorkeling conditions. The pace is slow, the people are very friendly, the streets are still dirt and sand and the resorts are small and intimate. The main modes of transportation are golf carts and bicycles. No matter where you go, Ambergris Caye's charm is authentic island – wide. Settle in, dig your toes in the sand, and stay a while. . . .

KEYNOTE SPEAKER:

The scientific sessions will be hosted by SUNY Upstate Medical University and will feature as our keynote speaker Joel Silverstein. He is one of the leading specialists in diver training, explorations and decompression analysis. Mr. Silverstein is the author of the three books and six training programs. He is a major contributor of the NOAA Diving Manual and well over 100 articles on scuba diving training, exploration, and technology. He has conducted almost over 5,000 dives all over the world, with such noted dives as the USS Monitor and 12 expeditions to the Andrea Dorea.



CONFERENCE OBJECTIVES:

ISAM is an association of diving physicians dedicated to the promulgation of diving medicine information in

the United States and foreign countries. The conference will include the study of such topics as underwater physiology, diagnosis and treatment of decompression sickness, physical examinations for divers, and the treatment of injuries caused by poisonous and venomous animals.

COSTS:

Per person/double occupancy
 Airfare to Belize City not included in this price
 All prices subject to change.
 Cost based on payment by check. Use of a credit card add 4%

Deluxe Ocean View Rooms

Diver	\$2095.00
Non-Diver.....	\$1795.00
Single Supplement	\$495.00
Yearly ISAM Dues to be current	\$100.00



GROUP PACKAGE INCLUDES:

- Airfare from Belize City to Ambergris Caye Belize
- 7 nights accommodations double occupancy
- Breakfast and Lunch Daily and 3 group dinners at the Blue Water Grill
- Government Room taxes
- 5 days diving, 2 tanks daily
- Tips for the dive guide
- One ISAM gift per guest
- 30 hours Category 2 CME



Activities that can be offered extra to the package:

- Caving
- Cave Tubing
- Kayaking
- Jungle Hiking
- Zip lining
- Mayan Ruin Expeditions
- Horseback riding on treks through rainforest, jungle waterfalls of ancient Maya temples



REQUIRED EQUIPMENT

C cards
 International airline flights should be into Belize City.



RESPONSIBILITY:

ISAM, Traveler's Choice, SunBreeze Hotel and Hugh Parkey's Dive Connection assume no responsibility or liability as to the safety, quality of conditions, nor the act of any employee or agent of any establishments, firm, person or entity

furnishing such services, transportation, equipment, substitution or unperformed services, nor assume any responsibility or liability for the safety of any participating individuals while engaged in underwater activities. All trip participants will be required to sign an ISAM/Traveler's Choice liability waiver.



23rd Annual Summer Meeting

July 19-26, 2014

SunBreeze Hotel & Hugh Parkey's
 Belize Dive Connection



30 Divers • 30 Hours Category 2 CME for Physicians
ONLY 20 BEACH FRONT ROOMS - RESERVE EARLY!



The 2014 Annual Summer Conference will find us at SunBreeze Hotel in Ambergris Caye. This Belize hotel is a perfect vacation getaway conveniently located within a stroll from the quaint town of San Pedro Belize on Ambergris Caye, Belize. SunBreeze Hotel is a U shaped Spanish Architectural design with a touch of the Caribbean surrounded by tropical gardens overlooking the Caribbean Sea.

Belize Central America. Ambergris Caye is the largest island in Belize, and the main destination for travellers to this western Caribbean nation. San Pedro is the only town on the island. Ambergris Caye has been the hub of Belizean area maritime trade for centuries. Fishing, coconuts, and chicle were historic means of islanders support, but the last thirty years have led to a large growth in both the Belize dive and scuba trade, and ecotourism. The rich variety of things to do in San Pedro Town makes Ambergris Caye the gateway to Belize.

Belize has the amazing Belize coral reef system, the second largest in the world and this hemisphere's longest, running offshore, and many cayes (islands of coral sand) are surrounded by astounding reefs to snorkel or scuba dive. The reef lies one-half mile east of the Ambergris Caye shoreline and runs

