



Sam the Dolphin

ISAM NEWS

INTERNATIONAL SOCIETY OF AQUATIC MEDICINE

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19th Annual Summer Meeting

CAPE ELEUTHRA RESORT AND YACHT CLUB - July 24-31, 2010

ELEUTHRA - BAHAMAS: BEST OF THE OUT ISLAND - RATED #1 FOR BAHAMA DIVING

The 2010 Annual Summer Meeting will be held at Cape Eleuthra Resort and Yacht Club in the Bahamas July 24-July 31, 2010. Cape Eleuthera Resort & Marina offers you Caribbean & Bahamian diving at its finest. Just off the coast, explore the most serene and exceptionally beautiful reefs, walls and natural blue holes in the Out Islands, abundant sea life in unforgettable clear



waters. Miles upon miles of pristine beaches lapped with turquoise tides. Come stay in the luxury mariner ocean view townhouses, trade your shoes for flip fops, soak in the mellow mentality of the Out Islands and enjoy the best diving in the Bahamas. The accommodations are ocean front 2 bedroom luxury townhouses.

At 110 miles long and a mere two miles wide, Eleuthra effortlessly keeps travelers near its pink- and white- sand beaches, ranging from secluded coves to endless stretches along the coastline. An Out Islands Bahamas vacation is about the beautiful beaches, the warm crystal-clear water, unspoiled nature and real encounters with wildlife, lively music, friendly locals and amazing sunsets. But mainly it's about you. The Out Islands of The Bahamas offer absolute relaxation, with endless pristine beaches and blue vistas perfect for immersing yourself into the sea and sun scenery. Once your batteries are recharged though, the Out Islands are ready to bring you back to life, to engage you in the natural environment by putting some of the world's finest snorkeling, diving, fishing, kayaking, nature hiking, golfing, bird-watching, boating and sailing at your fingertips.

More than 300 years ago, English Adventurers in search of religious freedom founded the western world's first true seat of democracy and named it Eleuthera, the Greek word for freedom. Its settlers, fleeing persecution in Bermuda and England, called themselves "The Eleutheran Adventurers" and time and circumstances would prove that tag more accurate than they ever expected.

Diving in Eleuthera is not only naturally beautiful but there are more natural wrecks here than any other island. The diving offers lots of pelagics, wall diving with corals and swim tunnels in clear blue waters. The Devil's Backbone is a shallow and jagged reef extending across the northern edge



of Eleuthera. This reef has torn the bottom out of more vessels than any other reef in the nation. Also known as the Egg Island Wreck, the Arimoroa was a 260-foot freighter that ran aground in 1970 after catching fire. The wreck still sticks above the surface, but vast schools of fish gather around its hull in shallow water.

TOP DIVING SITES ON ELEUTHERA

Devil's Backbone: Dozens of shipwrecks, including three wrecks layered upon each other

Plateau: 45-100ft. Rolling coral mounds, undercut by ledges

The Arch: A giant arch of coral that forms a nearly concealed grotto

Current Cut: Divers ride the current through a marine menagerie of fish and Eagle Rays

The Pinnacles: 100 ft. Dive on a cavernous mountain of coral

Carnavon: 35 ft. This intact 200-foot freighter sank in 1919

The Arch: A giant arch of coral that forms a nearly concealed grotto

The Pinnacles: Dive one cavernous mountain of coral

The Cage: Situated right on the wall, this open water aquaculture cage was planted by the Island School and used as research for the school's marine biology program. This is a natural fish habitat where young cobias are raised.

Hole in the Wall: A large swim-through tunnel into the deep blue of the sound, take time to explore the sponge-laden vertical face of the coral wall.

Tunnel's Rock: A great cavern cutting through the primary coral head in a broad reef field

KEYNOTE SPEAKER:

The scientific sessions will be conducted by Ann Barker-Griffith, MD of SUNY Upstate Medical University and will feature as our keynote speaker Joel Silverstein. He is one of the leading specialists in diver training, explorations and decompression analysis. Mr. Silverstein is the author of three books, and six training programs, a major contributor to the NOAA Diving Manual, and well over 100 articles on scuba diving training, exploration, and technology. He has conducted almost 5,000 dives all over the world with such noted dives as the USS Monitor and 12 expeditions to the Andrea Doria.



Joel Silverstein

CONFERENCE OBJECTIVES:

ISAM is an association of diving physicians dedicated to the promulgation of diving medicine information to physicians in the United States and foreign countries. The conference will include the study of such topics as underwater physiology, diagnosis and treatment of decompression sickness, physical examinations for divers, and the treatment of injuries caused by poisonous and venomous animals.

COSTS:

Per person based on quad occupancy/ 2 bedroom luxury oceanfront townhouse
Diver \$1995.00
Non-Diver \$1595.00
Triple Occupancy/ based 2 bedroom ocean front townhouse Additional \$155.00 per person
Double Occupancy / based on 2 bedroom ocean front townhouse Additional \$395.00 per person
Yearly ISAM dues to be current \$100.00
Children under 12 stay free with parents but pay for meals



DIVE PACKAGE INCLUDES:

- Luxury 2 Bedroom Ocean view Townhouse
- All room taxes & service charges
- 2 tank boat dives daily
- Tanks weights and belts
- Breakfast, Lunch & Dinner
- All taxes and gratuities for meals
- Monday night guest cocktail party
- Gratuities to dive guides
- One ISAM gift per person
- 30 hours of category 2 CME

REQUIRED EQUIPMENT: C cards

RESPONSIBILITY:

ISAM, Traveler's Choice, Cape Eleuthra Resort and Yacht Club and Dive Center assume no responsibility or liability as the the safety, quality of conditions, nor for the act of any employee or agent of any establishment, firm, or its entity furnishing such services, transportation, equipment, substitution or unperformed services, nor assume any responsibility or liability for the safety of any participating individuals while engaged in underwater activities, All trip participants will be required to sign an ISAM/Traveler's Choice Liability waiver.

GETTING THERE: Fly to Nassau (NAS), and schedule your arrival before 3pm on 24 July. From there, ISAM can make your reservation to Rock Sound (RSD) on BahamasAir.



ELEUTHRA REGISTRATION

Member: _____ T-Shirt Sizes: _____

Guest: _____

Address: _____

City: _____ State _____ Zip: _____ Phone: _____ Fax: _____

I would like Traveler's Choice to make airline reservations for _____ persons

Departure City: _____ Airport Preference: _____

Please charge my airline ticket to the following credit card: Credit Card Name: _____

Credit Card Number: _____ Expiration Date: _____ Signature: _____

Please call Traveler's Choice for Airline Reservations at (910) 452-1452. E-Mail: DivingDocs@aol.com
\$1000 Deposit per person required at this time.
Traveler's Choice/ISAM • 6240 Turtle Hall Drive • Wilmington, NC 28409

Escape to Cocos Island- The Land of Adventure!

Last minute cancellations on this ISAM liveaboard • September 14-24,2010

Cocos Island is a lush, green uninhabited island resting 300 miles off Costa Rica's Pacific coast. Rocky pinnacles surrounding Cocos are beacons for big animals and big action. Schooling hammerheads, countless white-tip sharks, mantas, tuna and even whale sharks call Cocos home. This should be on every serious divers to do list!

\$5095.00 includes 10 day liveaboard, dive gratuities and 30 hours of category 2 CME

