



# ISAM NEWS

## INTERNATIONAL SOCIETY OF AQUATIC MEDICINE

Executive Office • 6240 Turtle Hall Drive • Wilmington, NC 28409  
(910) 452-1452 • FAX: (910) 799-5209

E-Mail: DivingDocs@aol.com • Web Address: www.DivingDocs.org



**Sponsored by Upstate MEDICAL UNIVERSITY Office of Continuing Medical Education  
and the International Society of Aquatic Medicine (ISAM)**



### A SYMPOSIUM ON DIVING MEDICINE

*The daily lectures will address pathology seen in dive injuries and dive related deaths, the physical exam to identify risk factors, environmental hazards faced by divers, medications that may increase risk of injury, common travel-related illnesses and the interventions to moderate risks.*

**Daily Lectures 7-10AM (Sunday – Thursday) 4-7PM (Friday)  
Daily Laboratory Session: 10AM -5PM (Sunday – Thursday)**

**St Lucia, West Indies**

**29.5 AMA PRA Category 1 Credits™**



**Target Audience:** Physician, Clinicians, RNs, PAs, and allied health professionals.

**Learning Objectives:** At the end of this course attendees should be able to discuss and clinically apply facts relevant to:

1. **Diving Safety**-issues and gear choice to improve survival in emergencies
2. **Hyperbaric medicine**- applications, protocols and mechanisms
3. **Decompression physiology and pathophysiology**
4. **Marijuana/CBD oil and diving**
5. **Anatomic pathology seen in diving accidents**
6. **Diagnosis and Management of Barotrauma**

**Keynote Speaker:** Paul Martin  
Asheville, NC

**Adjunct Speakers:** James Fulcher M.D., Paul Neis M.D., Ann- Marie Padilla M.D., Thomas Fralich M.D., Alan Thomas M.D, Robert Arusell M.D., Bridget Thomas, RN, MSN,

**Faculty Disclosure:** Drs. Martin, Fulcher, Neis, Padilla, Fralich, Thomas, Arusell and Mrs. Thomas have no financial relationships with commercial interests.

**Planner Disclosure:** Drs. Martin, Fulcher, Neis, Padilla, Fralich, Thomas, Arusell and Mrs. Thomas have no financial relationships with commercial interests.

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of SUNY Upstate Medical University and the International Society of Aquatic Medicine. SUNY Upstate Medical University is accredited by the ACCME to provide Continuing medical education for physicians.

**Credit Designation:** Upstate Medical University designates this live activity for a maximum of **29.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participating in the activity.

**Disclosure Policy:** To ensure balance, independence, objectivity and scientific rigor in all certified CME activity Upstate Medical University requires that all planners, faculty and individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest that might be perceived as a real or apparent conflict of interest. Detailed disclosures will be made in writing prior to speaker presentations.

**Americans with Disabilities Act:** In accordance with the Americans with Disabilities Act, Upstate Medical University seeks to make this conference accessible to all. If you have a disability, which might require special accommodations, please contact Mrs. Thomas at 910-452-1452.

**Commercial Support:** No commercial support was received for this educational activity.

#### Paul Martin, MD

Is our featured keynote speaker and has been our course director for 7 years. Dr. Martin is board certified in Family Medicine and Addiction Medicine. He graduated from University of Arizona School of Medicine and is a leading specialist in Addiction and Occupational Medicine. Dr. Martin is an Associate Clinical Professor with the University of North Carolina at Chapel Hill. Dr. Martin is immediate Past-President of the NC Society of Addiction Medicine and President of the Southeastern College of Occupational and Environmental Medicine. He is a master scuba diver and an advocate of diving safety.



**46th Annual Spring Meeting  
Anse Chastanet & Scuba St Lucia  
May 22-29, 2021 • 45 Divers • 29.5 Hours Category 1 CME**



The 2020 Annual Spring Meeting will find us at Anse Chastanet in St. Lucia, West Indies. St Lucia is said to be the most verdant and scenically spectacular of all the West Indies. In this wild green land, there are mysterious jungles, steamy volcanoes, secret waterfalls, thick palm forests, and most dramatic of all, two spectacular half mile high peaks- the Pitons- that rise vertically out of the Caribbean Sea. There are many reasons to stay at Anse Chastanet; the most compelling is that it gives you the opportunity to be a part of this beauty.



Tranquility, Romance, Adventure: ANSE CHASTANET is one of the Caribbean's most panoramic resort hideaways. Nestled amidst a 600-acre estate with two soft sand beaches bordering pristine coral reefs, ANSE CHASTANET offers excellent diving facilities and soft adventure activities that include yoga, snorkeling, tennis, sunset sailing, sea kayaking, jungle biking, and hiking and bird watching among the ruins of an 18th century colonial plantation. A complimentary shuttle service from beachside to hillside level is provided



any time it is requested. Travel and Leisure Magazine rate Anse Chastanet as one of the Top 2 Resorts in the Caribbean.

**Location, location, location!**  
This is the fundamental attraction ANSE CHASTANET resort has for traveling divers.

It is in the heart of St. Lucia's very best diving: the entire region surrounding ANSE CHASTANET is vested into an award winning marine reserve (SMMA) which has been established since 1995 to protect the pristine beauty of St. Lucia's coral reefs. Anse Chastanet is on the lee side of St Lucia so divers will enjoy consistently favorable diving conditions. The bay is virtually flat and calm, and there is excellent snorkeling and diving within 50 feet of the shoreline.



The Anse Chastanet reef starts just 10 yards beyond the water's edge. The reef's remarkable ecosystem offers an amazing profusion of unusual tropical marine life, in 20 to 140 feet of calm, clear water. Anse Chastanet Reef, which is home to more than 150 different species of fish, makes for an amazing dive day or night. This reef is a favorite of most professional underwater photographers and videographers who visit Anse Chastanet.



The boat dives should also not be missed - dramatic walls beneath the majestic Piton Mountains, Superman's flight, a drift dive in the shadow of the Petit Piton, Coral Gardens and Jalousie under the Gros Piton, Piton Wall, the wreck of the "Lesleen M", Anse La Raye and Anse Cochon. Closer to home for the afternoon boat trips but no less

spectacular sites, the diver can explore Fairyland, Turtle Reef, Grand Caille, Trou Diable, the Pinnacles and much more...

This unique resort plus extraordinary diving make this a fabulous choice for the ISAM Spring Meeting. We hope you will join us!

**Costs:** Per person / double occupancy (No airfare included in this price. All prices subject to change).

**Superior Room**

Diver .....	\$3095.00
Non Diver .....	\$2695.00

Single supplement .....	\$625.00
Yearly ISAM Dues to be current .....	\$100.00

**Upgrades Available:**

Beachside Deluxe .....	\$455 per person based on double occupancy
Hillside Deluxe .....	\$595.00 per person based on double occupancy
Hillside Premium .....	\$1095.00 per person based on double occupancy
Jade Mountain Sky Jacuzzi .....	\$2095.00 per person based on double occupancy
Jade Mountain Star Infinity Pool Sanctuary	\$3895.00 per person based on double occupancy

**Group Package Includes:**

- 7 nights superior accommodations
- Welcome cocktail and manager's rum punch party
- Breakfast, lunch, afternoon tea, and dinner daily
- 15 boat dives
- 2 night Dives
- Nitrox
- All taxes and service
- Dive tips
- Round trip airport transfers in St Lucia
- Mini-sailing, windsurfing, snorkeling, use of tennis court and tennis equipment
- Guided tour of Old French Colonial
- Basket of local fruit
- Use of beach chairs and beach towels



**29.5 hours category 1 CME™**

**Required Equipment:** C cards  
**Certification Class:** At Scuba St Lucia's dedicated dive center, beginners can earn open water certification

**Responsibility:** ISAM, Traveler's Choice, Anse Chastanet, and Scuba



St. Lucia assume no responsibility or Liability as to the safety, quality of conditions, nor for the act of any employee or agent of any establishment, firm, person or entity furnishing such services, transportation, equipment, substations or unperformed services, nor assume any responsibility or liability for the safety of any participating individuals while engaged in underwater activities. All trip participants will be required to sign an ISAM / Traveler's Choice liability waiver.



**ST. LUCIA REGISTRATION**

Member: \_\_\_\_\_ Email: \_\_\_\_\_

T-Shirt Sizes: \_\_\_\_\_ Guest: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I would like Traveler's Choice to make airline reservations for \_\_\_\_\_ persons

Departure City: \_\_\_\_\_ Airport Preference: \_\_\_\_\_

Please charge my airline ticket to the following credit card: Credit Card Name: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Please call Traveler's Choice for Airline Reservations at (910) 452-1452. E-Mail: DivingDocs@aol.com

\$1000 Deposit per person required at this time.

Traveler's Choice/ISAM • 6240 Turtle Hall Drive • Wilmington, NC 28409