



ISAM NEWS

INTERNATIONAL SOCIETY OF AQUATIC MEDICINE
Executive Office • 6240 Turtle Hall Drive • Wilmington, NC 28409
(910) 452-1452 • Cell: (910) 232-9855
E-Mail: bridgetkthomas@gmail.com • Web Address: www.DivingDocs.org



Sponsored by Upstate MEDICAL UNIVERSITY Office of Continuing Medical Education and the International Society of Aquatic Medicine (ISAM)

28 AMA PRA CATEGORY 1 CREDITS™

A SYMPOSIUM ON DIVING MEDICINE • COZUMEL, MEXICO

Daily Lectures: 7-10 AM (Sunday – Thursday) 4-7PM (Friday)

Daily Laboratory Session: 10AM-5PM (Sunday-Thursday) 9AM-Noon (Friday)

Program Description: Update on topics relating to Dive Medicine to prepare the learner to give medical advice to Recreational Scuba Divers and to help learners implement practices leading to safer diving practices.

Daily lectures will address the pathology seen in scuba dive injuries and dive related deaths, the physical exam to identify risk factors, mental health diagnoses that may affect diving, diving after COVID, scuba life support equipment, ENT complications of breathing compressed gas, common disease states and illnesses that may affect diving, underwater hazards-marine life and others, and the interventions to moderate these risks, medications that may increase risk of injury, common travel related illnesses and the interventions to moderate risks.

Target Audience: Physician, Clinicians, RNs, PAs, and allied health professionals.

Learning Objectives: At the end of this course attendees should be able to discuss and clinically apply facts relevant to:

1. Participants will recognize the physics of Dive Medicine (e.g. partial pressure of inert gas) that may have adverse risk on scuba diving and lead to a constellation of decompression injuries.
2. Participants will identify medical risk factors for scuba-related injuries and measure the level of fitness necessary for safe diving.
3. Participants will assess certain physical and mental health diagnoses to determine whether a potential diver should be disqualified from recreational scuba diving.
4. Participants will assess the risk of obesity and alcohol use as part of the assessment to clear a patient for recreational scuba diving.

Keynote Speaker: Paul Martin, Asheville, NC

Adjunct Speakers: James Fulcher M.D., Ann- Marie Padilla M.D., Thomas Fralich M.D., Paul Neis M.D., Janet Staples Edwards M.D., Bridget Thomas RN. MSN., Faculty Disclosure: Drs. Martin, Fulcher, Padilla, Fralich, Neis, Fadden and Mrs. Thomas.

Planners: Drs. Martin, Fulcher, Padilla, Fralich, Neis, Staples- Edwards and Mrs. Thomas.

Disclosures: None of the planners or speakers have relevant financial relationships with ineligible companies.

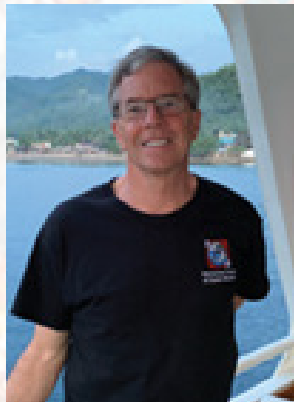


Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of SUNY Upstate Medical

University and the International Society of Aquatic Medicine. SUNY Upstate Medical University is accredited by the ACCME to provide Continuing Medical Education for physicians.

Credit Designation: Upstate Medical University designates this live activity for a maximum of 28 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participating in the activity.

Commercial Support: No commercial support was received for this educational activity.



Paul Martin, MD is our featured keynote speaker and has been our course director for 9 years. Dr. Martin is board certified in Family Medicine and Addiction Medicine. He graduated from University of Arizona School of Medicine and is a leading specialist in Addiction and Occupational Medicine. Dr. Martin is an Associate Clinical Professor with the University of North Carolina at Chapel Hill. Dr. Martin is immediate Past-President of the NC Society of Addiction Medicine and the South-eastern Atlantic College of Occupational and Environmental Medicine. He is a master scuba diver and an advocate of diving safety.



47th Annual Spring Meeting

May 20-27, 2023, Cozumel , Mexico • Wyndham Hotel

45 Divers • 28 Hours Category 1

The 47th Annual Spring Meeting will find us at the all newly renovated Wyndham Hotel in Cozumel, Mexico. Wyndham Cozumel Hotel & Resort hosts a full service beach front Dive Paradise shop . Diving trips depart directly from the hotel's private pier. This hotel/resort is located steps from the Caribbean Sea and just one mile from the charming center square, where you will find dozens of authentic local shops, restaurants, and bars. Enjoy the abundance of on-premise activities such as snorkeling, kayaking, pool games and shore diving.

Located just 12 miles off the coast of the Yucatan Peninsula, Cozumel is the largest island in the Caribbean, a mere 28 miles long and 10 miles wide surrounded by gorgeous reefs and pristine clear waters. Cozumel makes up over 20 highly popular diving areas including a labyrinth of tunnels, dramatic swim through's and canyons lying amidst the towering coral plateaus teeming with marine life. Touted as one of the "best

dive locations in the world",

a variety of underwater wonders awaits you

at Cozumel. The rare Splendid Toadfish at Cozumel, Mexico is a site you will only enjoy in the water's of Cozumel.



Required Equipment:
C cards

Responsibility: ISAM. Traveler's Choice, Wyndham Beach Resort & Dive Paradise assume no responsibility or liability as to the safety quality of conditions, nor for the act of any employee or agent of any establishment, firm, person or entity furnishing such services transportation, equipment, substitution or unperformed services, nor assume any responsibility or liability for the safety of any participating individual while engaged in underwater activities... All trip participants will be required to sign an ISAM/Traveler's Choice liability waiver.



COSTS

Per Person/ double occupancy pool view room.
(No airfare included in this price. All prices subject to change.)
Costs are based on payment by check. Use of a credit card add 4%. American Express, Master Card and Visa accepted 28 hours. Category 1 CME offered.

Price includes:

- Dive on Day of arrival.
- Special group beach party for ISAM members.

Group Package

- 7 nights pool view accommodations based on double occupancy
- 6 am 2 tank dives
- All meals- Breakfast, lunch, dinner daily. Drinks, soft drinks, bottled water, domestic beers, alcoholic well drinks. Gratuities to the dive guides. One ISAM gift per registrant. 28 hours of Category 1 CME credits

\$2195.00 per person double occupancy diver
\$350.00 single occupancy
\$1695.00 non diver



Member: _____ Email: _____

Guest: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: _____ Fax: _____

I would like Traveler's Choice to make airline reservations for _____ persons

Departure City: _____ Airport Preference: _____

Please charge my airline ticket to the following credit card:

Credit Card Name: _____ Credit Card #: _____

Expiration Date: _____ Signature: _____

Please call Traveler's Choice for Airline Reservations at (910) 452-1452 •E-Mail: bridgetkthomas@gmail.com
\$1000 Deposit per person required at this time.

Traveler's Choice/ISAM • 6240 Turtle Hall Drive • Wilmington, NC 28409