

ISAM NEWS

INTERNATIONAL SOCIETY OF AQUATIC MEDICINE Executive Office • 6240 Turtle Hall Drive • Wilmington, NC 28409 (910) 452-1452 • Cell: (910) 232-9855 E-Mail: bridgetkthomas@gmail.com • Web Address: www.DivingDocs.org



Sponsored by Upstate MEDICAL UNIVERSITY Office of Continuing Medical Education and the International Society of Aquatic Medicine (ISAM) 26 AMA PRA CATEGORY 1 CREDITS

A SYMPOSIUM ON DIVING MEDICINE • AMBERGRIS CAYE

Daily Lectures: 7-10 AM (Sunday – Thursday) 4-7PM (Friday) Daily Laboratory Session: 10AM-5PM (Sunday-Thursday) 9AM-Noon (Friday)

Program Description: Update on topics relating to Dive Medicine to prepare the learner to give medical advice to Recreational Scuba Divers and to help learners implement practices leading to safer diving practices.

Daily lectures will address the pathology seen in scuba dive injuries and dive related deaths, the physical exam to identify risk factors, mental health diagnoses that may affect diving, diving after COVID, scuba life support equipment, ENT complications of breathing compressed gas, common disease states and illnesses that may affect diving, underwater hazards-marine life and others, and the interventions to moderate these risks.

Target Audience: Physician, Clinicians, RNs, PAs, and allied health professionals.

Learning Objectives: At the end of this course attendees should be able to discuss and clinincally apply facts relevant to:

1. Participants will recognize the physics of Dive Medicine (e.g. partial pressure of inert gas) that may have adverse risk on scuba diving and lead to a constellation of decompression injuries.

 Participants will identify medical risk factors for scuba-related injuries and measure the level of fitness necessary for safe driving.
Participants will assess certain physical and mental health diagnoses to determine whether a potential diver should be disqualified from recreational scuba diving.

4. Participants will assess the risk of obesity and alcohol use as part of the assessment to clear a patient for recreational scuba diving.

Keynote Speaker: Paul Martin, Asheville, NC

Adjunct Speakers: Angelo Accomando MD, Ann Marie Padilla MD, Eric Olsen MD, James Fulcher MD Joy Graham MD, Graham MD, Steve Dubin MD, Thomas Fralich MD, Bridget RN, MSN, Mary Chen MA.

Planners: Drs. Martin, Fulcher, Padilla, Fralich, and and Mrs. Thomas RN,MSN

Disclosures: None of the planners or speakers have relevant financial realtionship with ineligible compaines.



Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of SUNY Upstate Medical

University and the International Society of Aquatic Medicine. SUNY Upstate Medical University is accredited by the ACCME to provide Continuing Medical Education for physicians.

Credit Designation: Upstate Medical University designates this live activity for a maximum of 26 AMA PRA Category 1 Credits[™]. Physicians should claim only the credit commensurate with the extent of their participating in the activity.

Commercial Support: No commercial support was received for this educational activity.



Paul Martin, MD Is our featured keynote speaker and has been our course director for 11 years. Dr. Martin is board certified in Family Medicine and Addiction Medicine. He graduated from University of Arizona School of Medicine and is a leading specialist in Addiction and Occupational Medicine. Dr. Martin is immediate Past-President of the NC Society of Addiction Medicine and the South-eastern Atlantic College of Occupational and Environmental Medicine. He is a master scubadiver and an advocate of diving safety.

48th Annual ISAM Spring Meeting May 18-25, 2024, AMBERGRIS CAYE, BELIZE • SunBeeze HOTEL 45 DIVERS • 26 HOURS CATEGORY 1

48th Annual ISAM Spring Meeting

The 2024 Annual Spring Meeting will be held at the SunBeeze Hotel in San Pedro, May 18- 25,2024. Ambergris Caye is the largest island in Belize, and the main destination for travelers to this western Caribbean nation. San Pedro is the only town on the island. Belize has the amazing Belize coral reef system, the second largest in the world and this hemisphere's longest, running offshore, and many cays (islands of coral sand) are surrounded by astounding reefs to snorkel or scuba dive. The reef lies one-half mile east of the Ambergris Caye shoreline and runs the entire 25 mile length of the island. This has made San Pedro Town the dive and water sports capital of Belize and Central America.

\$2700.00 per person double occupancy diver \$2100.00 per person non diver \$600.00 single occupancy surcharge \$100.00 ISAM 2024 Dues **Responsiblity:** ISAM, Traveler's Choice, SunBreeze Hotel and Amber gris Dive Connection assume no responsibility or liability as to the safety, quality of conditions, nor the

act of any employee or agent of any



establishments, firm, person or entity furnishing such services, transportation, equipment, substitution or unperformed services, nor assume any responsibility or liability for the safety of any participating individuals while engaged in underwater activities. All trip participants will be required to sign an ISAM/Traveler's Choice liability waiver.

Cost

Per Person/ double occupancy pool view room. (No international airfare included. The inter island airfare is included.) Costs are based on payment by check. Use of a credit card add 3%. American Express, Master Card and Visa accepted

Required Equipment: C cards

Group Package

• 7 nights pool view accommodations based on double occupancy



6 2 tank dives

• 6 days of breakfast. One group lunch, 2 group dinners Gratuities to the dive guides. One ISAM gift per registrant. 26 hours of Category 1 CME credits

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